

Overview of Reach More Formation and Training

You recently received an invitation to participate in Reach More Mission Training. Please pray about this invitation to discern if God is calling you into a stage of growth as a disciple and disciple maker.

The overarching goal of Reach More is to equip lay people drive a movement of evangelization as part of a growing community of lay missionary disciples.

When a community of disciples, centered on Jesus, dives deeply into prayer, discipleship, community, and evangelization together, the Holy Spirit moves more freely, and lives are changed for the greater glory of God!

The Heart and Habits of Mission

Every Christian is called to participate in the mission of the Church: to evangelize the world and make disciples of all nations. The Heart and Habits of Mission are common elements of the universal mission that Reach More equips lay people to live out.

- 1. Seek Intimacy with Jesus.** This is the heart of all discipleship and mission.
- 2. Sanctify Ordinary Life.** Seek, find, and build the kingdom in daily work and secular interests.
- 3. Invest in Relationships.** Practice the building blocks of relationship and the art of conversation.
- 4. Love the Lost and the Least.** Join in God's compassion and urgent concern for those most in need of his mercy and help.
- 5. Intercede through Prayer and Fasting.** Join Jesus' ongoing intercession for all of creation to be filled with the glorious freedom of God's love.
- 6. Meet People Where They Are.** Then help them take the next step. Use the Thresholds of Deepening Conversion to grow in attentiveness.
- 7. Ask about Experiences of Faith.** Seize the right opportunities to discuss the deeper things.
- 8. Share Your Good News.** You have stories of God's victory in your life. He's changing you. Sometimes, others need to hear about it.
- 9. Facilitate Discipleship Environments.** Where two or three are gathered in his name, Jesus is present. God's word is living and effective.
- 10. Establish Disciples.** Form them in the Heart and Habits of Discipleship. Go and make disciples of all nations.

Information for Invitees

Training Components

Reach More has a variety of components that work in coordination to give you well-rounded formation and training for mission.

1. Reach More Mission Training Group

- Video talks on the Church’s primary mission of evangelization, the role of the laity in this mission, testimonies, and stories
- Scripture reflection and discussion
- Practical skills workshops
- Sharing personal stories of faith
- Group prayer

2. Application Prompts

Put theory into action with the “Your Mission This Week” segment of each session. These practices help you incorporate missionary habits into your day little-by-little.

3. Prayer Companion for Daily Personal Prayer

Reach More includes a commitment to daily personal prayer. An at-home Prayer Companion is provided in each session of this workbook.

4. One-on-One Guidance from a Point Person

Throughout the training group, meet one-on-one with your point person or other designated guide for personalized discipleship formation and conversation.

5. Forming a Small Group

Receive preparation and training to lead a small group—a transformative environment of friendship and trust where adults can encounter Jesus in a life-changing way. In the latter part of Reach More Mission Training, you’ll begin discerning and inviting people to invite into your own small group. Small groups meet for an initial six to eight sessions, after which the leader and group members discern the best approach for the group going forward.

6. Ongoing Formation and Communal Support

The point person continues to provide opportunities for you and other missionary disciples to gather for prayer, ongoing formation, and mutual support beyond the initial training.

Time Commitment

Reach More Mission Training includes group and one-on-one components:

- Twelve weekly group sessions: 90 minutes each week
- One-on-one discipleship formation with the point person: 1 hour every two weeks

In addition, those in training commit to growth in prayer and mission:

- Personal prayer with Reach More Prayer Companion: At least fifteen minutes every day
- Take-home Mission Prompts: Varies, but most take under thirty minutes to complete